



September 2019

Monday 2nd Labor Day

Tuesday 3rd 4 french toast sticks w/ syrup, hash brown, 2 sausage, fruit

Wednesday 4th chicken sandwich, tater tots, fruit

Thursday 5th soft pretzel, homemade mac n cheese, fruit or salad

Friday 6th homemade pizza, butter noodles, fruit

Monday 9th 3 breadsticks, w/ salad fruit, salad

Tuesday 10th grilled cheese, homemade soup, chips, fruit

Wednesday 11th chicken tenders, butter noodles, fruit or salad

Thursday 12th hamburger, or cheese burger, french-fries, fruit or salad

Friday 13th homemade pizza, butter noodles, fruit

Monday 16th hot dog, homemade mac+cheese, salad or fruit

Tuesday 17th chicken nuggets, fruit, salad

Wednesday 18th 3 breadsticks w/ sauce, fruit, salad

Thursday 19th 4 pierogies, steamed broccoli, fruit

Friday 20th homemade pizza, buttered noodles, fruit

Monday 23rd 4 french toast sticks w/ syrup 2 sausages, hash brown, fruit

Tuesday 24th chicken nuggets, mashed potatoes+gravy, fruit or salad

Wednesday 25th grilled cheese, homemade mac+cheese, chips, fruit

Thursday 26th chicken sandwich, tater tots, steamed broccoli

Friday 27th homemade pizza, butter noodles, fruit

Monday 30th pasta w, butter or marinara, 2 meatballs, bread stick, salad

All lunches include milk, and dessert

Lunch \$3.00 milk .50 water \$1.00 cookie .25

Cash or checks: please make checks payable to **Cougar Cafe**